


# 5 reasons why introverts make great leaders

Innovation / Leadership / Inspiring Others

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**Brought to you by:**  **rumie**

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# What makes someone a good leader?

Do the following characteristics come to mind?

- Extroverted
- Talkative
- Decisive
- Ambitious

If you're not extroverted yourself, you may think being in a leadership position is something you're just not cut out for.

But you'd be wrong. **Introverts make great leaders!**



# Introverts Are Problem-Solvers



Introverts have more gray matter in their prefrontal cortex. The prefrontal cortex is responsible for abstract thinking and making decisions.<sup>1</sup>

More gray matter gives **introverts the edge on problem-solving!**

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## Source:

<sup>1</sup> <https://www.lifehack.org/412467/why-introverts-are-introverts-because-their-brains-are-different>

# Introverts Tend To Be Internally Motivated



The reward system in an introvert's brain is wired differently!

Introverts tend to be **motivated by work quality and productivity** rather than by wealth or climbing the social ladder.<sup>1</sup>



#### Did you know?

This Byte was created by a volunteer professional that wanted to share this insight to help you succeed - **no agenda, no cost.**

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#### Source:

<sup>1</sup> <https://blogs.scientificamerican.com/beautiful-minds/will-the-real-introverts-please-stand-up/>

# Introverts Build Authentic Connections



The quality of connections is very important to an introvert.<sup>1</sup>

**They take time to get to know people and build deep relationships.**

This characteristic drives introverts to be in-tune with other team members or clients and responsive to their needs.

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**Source:**

<sup>1</sup> <https://blogs.scientificamerican.com/beautiful-minds/will-the-real-introverts-please-stand-up/>

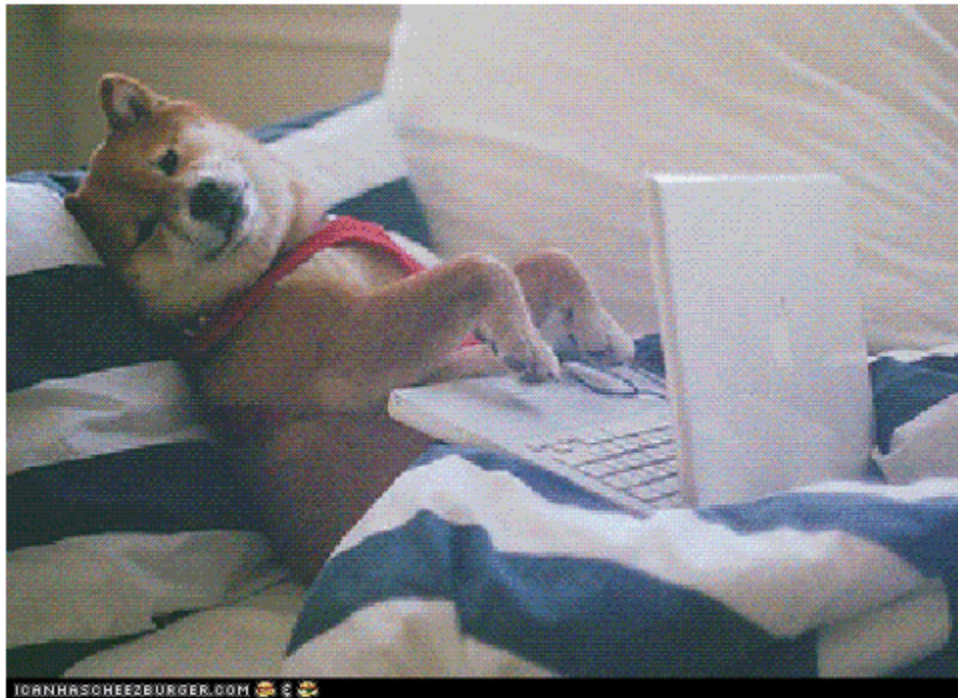


# Introverts Maintain Focus



An introverted leader is often able to **stay focused and lead their team by example**. That focus will help carry a team to the finish line, even when the going gets tough!

# Introverts Avoid Micromanaging



Introverted leaders **listen to their team members and encourage them** to run with their good ideas.

The leader is ready to offer input and guidance, but avoids interfering as long as the project is moving forward.<sup>1</sup>

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## Source:

<sup>1</sup> <https://www.thomasnet.com/insights/5-reasons-why-introverts-make-great-leaders/#:~:text=They%20Don%E2%80%99t%20Micromanage%20Because%20introverts%20tend%20to%20value,space%20to%20develop%20their%20own%20approach%20and%20ideas.>

# What Would You Do?

Alex is an introvert thinking about applying for a managerial position. She sometimes feel self-conscious about her leadership abilities and worries if she's management material.



## Quiz

What might you say to help Alex?

You're a great listener!

You're a really good problem-solver!

Your drive to succeed is an asset!

All of these



**Answer:**  
All of these



# Take Action

Remember, introverts make great leaders because they tend to:

- be great problem-solvers
- be internally motivated
- build meaningful connections
- stay focused and help their team do the same
- support team members and avoid micromanaging

Are you an introvert interested in a leadership position?

☐

Identify the leadership characteristics that you already have

☐

Apply them this week at work

☐

Seek out leadership opportunities to advance your career



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